

LISBON GUIDEBOOK



iBelieve

TOURISM & TRAVELING CONSULTING

1) ARRIVING BY AIRPLANE - LISBON'S AIRPORT

Airport is practically in town, so once you leave the airport, you'll need about 30 min to reach the apartment (and at least 30 minutes more to get out of plane, pass the passport control and get your luggage), so you'll reach our apartment maybe one hour after landing. If some delay happens, please, send us a sms to inform.

2) To the apartment (RUA DA FÉ nº 37 1150-414 LISBON), by TAXI:

From the airport Portela (Lisbon) the easiest and quickest way to reach Alfama is to catch a taxi right in front of the airport. It will cost around 14-16 euros including luggage during day (during night, weekends and holidays may cost a bit more). How it works: all taxis have a taximeter and taxi drivers have to add luggage to taximeter at the beginning of your ride. You only have to pay what's written on taximeter, nothing more than that.

- By Public Transport: unless you are traveling (very) light, we really don't advise you to come with public transportation, as you will have to change transports, and climb (Lisbon is know as the city of the seven hills, nice to do it, but not with luggage) you will have plenty of opportunities to try the tram (28, the most famous Lisbon route will be your preferred way of transport; or metro, to circulate in the city). If you do want to go by transport, Metro will be the best option. If you are coming from the airport, you must need to make all the Red Line, and change to the BLUE Line direction to Santa Apolonia metro and train Station, **YOU MUST NEED TO GET OUT in AVENIDA Metro Station**, from the Avenida metro station is just 7 mins walking to Rua da Fé.

3) ARRIVING BY TRAIN FROM PORTO OR OTHER LOCATION TO SANTA APOLÓNIA TRAIN STATION

Just jump out of the train take the metro until **RESTAURADORES** metro station the Restauradores metro station is just 7 mins walking to Rua da Fé.

4) APARTMENT RULES:

Above all we want you to enjoy your stay! Just a few things we would ask you to please cooperate with us:

The apartment is in a residential building and neighborhood, so we kindly ask you not to make noise after 23h. Smoking inside the apartment is not allowed (smoke in the balcony please!)

CHECK IN - after 3 PM

CHECK OUT- until 12 PM

Monday to Sunday Check-in from 3 PM to 10 PM is free of charge.

Particular situations:

Additional 20€ for check-in from 11PM to 2 AM everyday

Additional 20€ for keeping your luggage from 6 AM until 3 PM (Check in)

Additional 20€ for keeping your luggage after 12 PM (Check Out) until 8 PM

As fellow travelers, we understand that travel is often accompanied with unavoidable delays.

Please let us know as soon as possible of any delays on agreed times. Please recall that we will go to the apt on purpose to meet you. If you have a delay of more than 30 min, and did not tell us in a timely fashion, we reserve the right to leave the apt. On that case, you must call us when you arrive so that we go back to the apt to check you in. AN ADDITIONAL FEE OF 20€ will be charged.

Using the house:

1. Please always lock the door and close the windows when you leave the house;
2. If you wish to use the washing machine, please first read carefully the instructions;
3. The trash bags should be left on the street, next to the door, after 7PM (except on Sundays);
4. Please turn off the AC if you are not at home;
5. Do not unplug any device connected in the house;
6. Do not eat or drink in the room;
7. It's forbidden to receive guest at the house.
8. Using the FIRE PLACE in the living Room: The guests will be responsible to use properly the fire place in the living room, we will provide you a FREE 10KG of wood for own use.
ATTENTION - extra wood will be charge 1€ / KG (package of minimum 10Kg), and will be delivery under demand.

We will provide you linen and towels; the kitchen is equipped with all cutlery, microwave, and washing machine. In the toilette you have a hair dryer, there's an iron in the apartment, etc... you don't have to bring any of those things. You'll have wireless Internet, so if you'll need to connect, bring your devices 😊 You can find also tourist information in the apartment...but we will share some already with you.

5) USEFUL TIPS in the neighborhood

Grocery: there are some very small grocery shops close to apartment, one is really bellow the apartment, where you can buy water, some fruits, vegetables, yoghurts, cookies; at the end of the street a bigger (still small authentic) one where you can also buy fresh bread, cheese ...

SUPERMARKET:

- "Pingo Doce" (Restauradores)
- "Minipreço" (Rua de Santa Marta)
- "Amanhecer" (Rua do Telhal)



PHARMACY there are 1 option close by:

Pharmacy Rua de S. Jose

Pharmacies are generally open from 0900 to 1900 hrs. They are called "Farmácias" and feature a round sign with a green cross on a white background. There is always at least one pharmacy in a district providing an emergency service for evenings and night-times. Information about pharmacies on duty can be found on an information panel in any pharmacy's window.

ATM / Bank cash machine: closest one is in Rua de São José just around the corner street. Or in Av da Liberdade.

6) TRANSPORT

Lisbon's variety of transportation contributes to its unique charm. Old trams and turn-of-the-century elevators explore the oldest quarters, and the modern subway lines are decorated with contemporary art. Central Lisbon is compact enough to explore on foot, and most sights in Baixa, Bairro Alto, and Alfama are within walking distance.

See the links below for more information about the underground (Metro) system, trains, trams, buses, and taxis.

BUS and TRAM www.carris.pt

UNDERGROUND / METRO / SUBWAY www.metrolisboa.pt

TRAIN / RAILWAY www.cp.pt

CARRIS/METRO Ticket (Pre-buy Ticket)



Valid for a trip across the CARRIS and Metro network for 60 minutes after the first input validation. The order of use of the two operators for which the title is valid is arbitrary. However, the use of the Metro should be interspersed with CARRIS and you can't make two followed trips in Metro. It is understood by a trip on Metro, an entrance and an exit one station to another station, regardless of the number of lines used to arrive at your destination. In CARRIS can be made transshipments you need throughout our network.

The title can also be used on only one operator for 60 minutes, respecting the rule indicated above for the Metro and it costs € 1.25 / € 1.40 each trip.

(Nearest place to buy: Restauradores or Avenida Metro Station

<https://www.youtube.com/watch?v=RW8f7URO8y0>



SINGLE TICKET CARRIS/METRO **(On-board fare)**

Bus on-board fare - € 1.80

Tram on-board fare - € 2.85 €

Lift on-board fare - € 3.60 (2 trips)

MAJOR TRANSPORTATION HUBS

CAIS DO SODRÉ - Major bus, metro, train, and ferry terminal. This is where trains depart to Cascais and Estoril, and trams pass by on their way to Belem. The ferries link to Cacilhas across the river (a 10-minute journey worth taking for views of the city's skyline from the Tagus), where buses depart to towns south of the capital such as Setubal and Sesimbra, and bus 101 takes visitors to the Monument to Christ.

ORIENTE STATION- This is the city's main station. Located in the heart of Parque das Nações, it is a metro and bus terminal, and an obligatory stop for just about every train that passes by Lisbon.

ROSSIO STATION - The city's most central station (located downtown right between Rossio and Restauradores squares) serves the city's suburbs and is your departure point for a daytrip to Sintra.

SANTA APOLÓNIA STATION - Located at the foot of the Alfama district, this is the starting point for most international trains, and where they end their journeys in the Portuguese capital. Other trains depart to the largest Portuguese cities, although most passengers now hop on board at Oriente Station, the train's second stop.

The station is a short walk from the flat, but is also well served by buses and taxis that line up outside.

FIGUEIRA SQUARE - This busy square is the starting point for many bus and tram routes. To guarantee a seat in popular Tram 15 that reaches Belem, this is where you should get on board.

SETE RIOS - This bus terminal, easily reached by metro ("Jardim Zoologico" stop), is where express buses depart to all over Portugal.

7) TIPS ON LISBON

(we will provide you a map once in the apartment)

Downtown (Baixa and Chiado, Terreiro do Paco) – you can start on Terreiro do Paco, the big open square to the river, now revitalized and full of restaurants and terraces where you can sit to eat, drink or just to have the everyday "fuel" of all Portuguese, the espresso. Then you can enter Rua Augusta and go (select which one to start) 1) up to Rossio and Avenida da Liberdade; 2) to Chiado and Bairro Alto – both not to miss!! They are the commercial heart of the city.

Chiado - shops, big international brands, local brands...Fado on the background, or a jam session of street musicians randomly playing; look for café "A Brasileira", and the Fernando Pessoa statue – take (another) espresso with him!



Bairro Alto – to see during the day, also a very typical neighborhood and to GO for dinner and out during the night. At night you will notice the narrow streets full of people, as everybody is drinking outside – the places are open, you can hop in/hop out in all of them. Try different places and ambiances. Lisbon is pretty safe and taxis are not expensive, so, DO GO out at night!



Castle area/ Graça - usually tourists take the 28 Tram: to go from city center to the Castle of Sao Jorge, or to Graça – from our apartment, you can walk to both. The Castle offers amazing views on the city, Graça has a small Café, and other great terrace, again amazing views, different perspective. You will have to climb to both remember, "City of seven hills?" these are 2 of them!



ALFAMA – Here you can really feel the atmosphere of the oldest neighborhood in town, one from Moorish times and that survived the 1755 earthquake (magnitude of 9 in richter scale). Alfama is all about going up and down the narrow streets, enter the typical cafes, enjoy the live hood of the place. The one thing not to miss is the famous flee market “Feira da Ladra”, on Saturdays and Tuesdays mornings, behind the Convento de Sao Vicente de Fora (3 min walking from the apartment) – find antiques (clothes, furniture, ...) and also novelties.

Look for Clara Clara, the café-kiosk in the garden inside the space where the flee market is. In Alfama you can also visit the Museum of Fado (Museu do Fado Largo do Chafariz de Dentro, N.º 1 1100-139). We have a section on Restaurants, including Alfama, but let us highlight 1) the really typical restaurants for grilled fish or meat, very simple, unpretentious places where locals also go: just choose, there are 2-3 around the apartment, even if you want to take food home 2) some of the new places in the neighborhood – that really show how the neighborhood is being rejuvenated and people are coming back and opening new spaces with new concepts... we have been trying them and can really advise you to do the same. If you go down our street, then left, you will be in Rua dos Remedios: there you can try a Bela, Vinhos & Petiscos (wine and tapas) with sometimes spontaneous Fado sessions; Arcaz Velho (also Tapas), Esperanca Se (nice Italian stylish restaurant) (contacts in the restaurant section bellow)



FUNICULARS and ELEVATORS

One nice thing about Lisbon are the funiculars (short distances, but steep rides, as this is the city of the 7 hills, can help you move from one place – up- to another):

-Elevador da Gloria (from Praça de Restauradores (just opposite the Hard Rock Café) good to get you to

Bairro Alto, stopping at Miradouro de São Pedro de Alcantara, again nice views!;

-Elevador da Bica (connects Rua do São Paulo and Largo do Calhariz, basically connects Cais do Sodré with Bairro Alto);

-Sta Justa elevator, Eiffel tower style architecture - you will see it when walking in Rua Augusta (the commercial street), don't know if you can go up and go out at largo do Carmo or if you need to come down again...

Famous tram nº28 runs in 2 different directions – you can catch it going up our street, then at the end turn left (immediately after the traffic light that controls car enters in the street): you catch it direction downtown - you'll pass Portas do Sol view point/terrace, the stop to Castle St. George, and you'll reach the down town and Chiado/Bairro Alto)... If you catch it direction Graça neighborhood, it can drop you home on the way or you can go up to Graça, and the walk down home. Tram 28 is regular city transport, so you will pay only a tram ticket, instead of buying expensive tourist sightseeing buses. Please be aware that this is a very touristic transport and there are pickpockets – believe us, we've seen them in action so please pay attention to your wallet. Lisbon is very safe, don't worry, but in the 28 requires attention to this small theft.

Belém area - nice gardens in an open area to the river - visit the monastery (Mosteiro dos Jeronimos); and the Belém Tower, 2 monuments that celebrate the Discoveries; and also Centro Cultural de Belém (very modern exhibition and shows center, with a nice terrace with views to the Tejo river – nice for a coffee in the morning). Don't miss cafe/shop "Pasteis de Belém". It is actually a small factory where you can see a preparation of the most famous custards (pasteis) of Lisbon. TIP: Don't wait in the line outside the cafe to buy cakes to take away as usually the line is very big. Instead, sit inside the cafe and you will be served. You can enjoy a few there and buy for take away as well. Take Tram number 15 from Praca do Comercio to go there.



Avenida da Liberdade – all the fashion stores and expensive international brands;

Since we talk about shopping: Pay attention to some Portuguese well-known brands: Salsa (jeans); Fly London (shoes) - especially shoes you can buy good quality good prices in Portugal.

Parque das Nações - especially nice for families with kids, with an Oceanario : if kids like fishes, sharks... we think it is nicely done. (this area was recovered for the World Exhibition in 98, but mainly now is a residential & commercial area, by the river, so nice to see, if you have time)

8) OUTSIDE LISBON BUT QUITE NEAR

Sintra: If you have an extra day, we suggest you the 1-day trip to Sintra (romantic mystic village, where you can enjoy luxurious vegetation, and visit Palacio da Pena and a Moorish castle, both top of the hill and Quinta da Regaleira) and then coming back through **Cascais** (little city by the sea, with a nice bay, and an “English atmosphere”), the road has a panoramic view, till Lisbon. Is really worth to do - maybe worth to rent a car 1 day to be able to do it; or, you can combine Cascais with going to a beach: you can reach a beach by train (from cais do Sodre, city center, direction Cascais, every stop is one, try Carcavelos, the biggest); the nicest ones are on the other side of the river: Costa da Caparica, but difficult to go to without a car.



9) EATING in LISBON

If you haven't heard, we'll tell you: Portuguese Looooove to eat! We can stay hours at the table, and do you know about what we will be talking during those hours? About food - sharing other foods and restaurants we just got to know ...we just love good food (and good wine!)

Upper scale Restaurants in Lisbon (worth booking for dinner)

- @ Darwins Algés - on the way to Belém: with a great sunset; +351 21 048 02 22 (also a Foundation)
- @ castle (Castelo S Jorge): Chapitô - Great views over Lisbon – it's a coffee/bar also – stop at least for a drink on the way down from the castle. Also a clownery school and a theater: <http://www.chapito.org/>; tel: (00) (351) 21 885 55 50
- @ Bairro Alto; Pharmacia (+351 213462146) – new trendy place – Great garden, good concept, close to the nightlife! Or Papa Açorda (00351 213464811) – a great classic!

Great food, good prices (worth to book also for dinner):

- @ Alfama: Trigo Latino (00351 21 88 21 282) or Mestre André, more typical one (00351 218 871 487); Santo António de Alfama (Beco São Miguel 7 Telephone: +351 218 881 328); EASIER WITHOUT BOOKING: Arcas Velho (Calçada do Forte, 56, Telephone: 00 351 218850308); AS PRETAS (R. do Vigário, 70 B/C, T. 00351 96 903 3033/92 6077511, Monday - Sunday 19h-2h (kitchen open until 1h30); Restaurante Esperança Sé (Rua São João da praça, nº 103, Tel: 00 351 218 870 189); Cruzes Credo, a simple relaxed place for toasts and light meals (Cruzes da Sé , Telef: +351 218 822 296); Pateo 13 Open air restaurant great for grill fresh fish



- @ Bairro Alto: Alfaia (Travessa da Queimada 24, telephone: 00 351 213 461 232; Sinal Vermelho (Rua das Gáveas 89, telephone: 213 461 252)
- @ a new area in Lisbon: industrial zone - old factory converted to restaurants/ bars/ stores/workshop places, LX Factory (<http://www.lxfactory.com/PT/welcome/>) – really nice places to eat: Taberna 1300 (351 213 649 170) or LX Cantina (the previous workers bar + 351 213 628 239) or Malaca (Asian food: +351 213 477 082, restaurant between the old factory machinery). From the city, going to Belém area, you can go there for lunch. Also here look for a library/book store/coffee called “Ler devagar”
- @ Cervejaria Trindade and Cervejaria Romero are also lively places the locals enjoy for a good steak and good draft/beer (Sagres and Super bock are the local ones)

Enjoy the food: don't forget to eat “Bacalhau” and grilled fish. Every little coffee will offer you also plenty of pastry choices!.



Typical Portuguese dishes:

1001 ways of cooking bacalhau/cod fish, but you can try: Bacalhau in the oven wit cream; Bacalhau a

Braz; Bacalhau a Lagareiro; ...

-Grilled Fish

-Meat: Carne de Porco a Alentejana (pork and clams!); Portuguese steak, Picanha (from Brazil influences!);

Leitao (small pig from Bairrada region); Churrasco (grilled poultry – cheap and available in every small Churrasqueira – also available as take away in all of them – we like to mix french fried, rice, salad, and meat in a single dish - yummy!!)

-Deserts: Torta de Azeitao, Arroz Doce (sweet rice), Baba de Camelo (just ask!, with sweet condensed milk), chocolate mousse, ... “house sweet/doce da casa” is also commonly found – as the name indicates, it will be the house desert specialty OBLIGATORY are the PASTEIS DE BELEM, in Belem Area.

Typical Portuguese drinks:

besides Red and white wine especially from Douro and Alentejo regions, you have also Ginginha (black cherry liqueur – do as locals do and try it at Ginjinha café -

(<http://www.thelissbonconnection.com/cafe-a-ginjinha-rossio-best-place-in-lisbon-to-enjoy-a-ginjinha-liqueur-made-of-berries-city-center-touristattraction/>); Porto wine (go to the Solar do Vinho do Porto in Lisbon, in Bairro Alto, perfect for an apero before dinner:

<http://www.ivdp.pt/pagina.asp?idioma=1&codPag=169&>)

And you can enjoy lots of cocktails: caipirinha (with Brazilian cachaça) , Caipiroska (with vodka), Caipirão (with Portuguese liqueur Beirão), Morangoska (with strawberries)..

If you would like some wine recommendations ask us, we have our favourites, especially Red ones



Everyday Breakfast:

-“A Padaria Portuguesa” (Largo da Graça n 14 in Graça or Rua Aurea n175 in Baixa or Praça Luís de Camões n 44 in Chiado)

-“Cultura Portuguesa Café”, in Alfama, Escolas Gerais n 7



Weekend Brunch:

- Delidelux (Sta Apolonia, by the river, Avenida Infante Dom Henrique Armazém B, Loja 8, 1900-264, telephone: +351 218 862 070)

-“Pois Café”, in Alfama, one of our favorites: Rua de São João da Praça 95, Telephone: + 351 218 862 497)



Great terraces (find very different nice views of the city)

Alfama/ Castelo: Portas do Sol – 5 minutes walking from the apartment; and @ Alfama: Clara Clara, behind Sao Vicente de Fora monastery/church, where Feira da Ladra is, there is a small park/garden – small café overlooking river Tejo. You can sit there, enjoy the view, drink a coffee or have breakfast. They have free wi-fi in a case you need it and if you have kids, there is a kids playground.

Graça: Senhora do Monte and Miradouro da Graça (at Graça),

Castle: Chapito

Chiado: go to the last floor of Hotel do Chiado (next door to the shopping center) or to the last floor of

Bairro Alto hotel (Largo de Camões) – both nice hotel bars/terraces

Bairro Alto: Adamastor or Noobai (more fancy) – in front of Pharmacia restaurant

Praça do Comercio, downtown (end of commercial street Rua Augusta)- big square open to the river, all those building were still recent times used by the government, now they are transforming it with nice terraces, for a drink or a coffee I would suggest. ...but there are a lot more...

FADO

Deeper in Alfama and also on Bairro Alto you will find many restaurants, that have Fado sessions. We never recommend them to our guests, because they are a bit the “tourist” kind of restaurants (especially in Bairro Alto they aim big tourist excursions, are expensive and food is nothing special); in Alfama most of them demand “a minimum of consumption of 25 eur per person” during the fado sessions. If you want to listen real Fado Vadio, there is one small restaurant where local people sing. It is called Tasca do Jaime, at Graça neighbourhood, Rua da Graça 91 (Graça is neighbourhood above the Alfama, you can go by feet, but you’ll have to go up, up and UP, we’ll give you directions if you are interested). They have fado on Saturdays and Sundays from 16.30-20.00. They have only few tables, so if you want to eat (or snack) you have to come a bit earlier to catch a place. However, you can always stand up, drink something and listen real local fado. Personally, Tasca do Jaime is our favourite place to listen fado. Recently, they’ve opened another restaurant in Alfama with the same name: Tasca do Jaime d’Alfama, at Rua de São Pedro 40a. They perform Fado from Tuesday to Sunday 20-24h, and it is still not that crowd as one at Graça neighbourhood.

MUSEUMS suggestions:

Tile Museum

National Museum of Arte Antiga

Museum Gulbenkian (modern art and a great garden)

Berardo Foundation (in Belem, modern art)


Entrances to museums are free of charge on Sundays until 2PM, and in Gulbenkian are free of charge during the whole Sunday. On Monday, all museums are closed.

For the Night lovers:

- Discos: Twins Tejo /Silk /Lux (this one till early morning) or, more underground area and music:

Cais do Sodré área: Tokyo, Music Box, Jamaica, Rotterdam –also on Cais do Sodré try to go to Pensão do Amor (The love house) – new place in town, quite busy these days!

- Bairro Alto and Bica: to start the night – everybody is drinking and hanging around on the streets

Any other thing you want to know, just ask us, we will try to answer or find the answer for you. 

Take care,
Ricardo & Diana